

Gwinnett Senior Golden Games

Ladder Ball



The object of the game is to toss underhanded the bolas while trying to wrap them around the steps of the ladder.

- Each player will have three scoring turns of three bolas each after one practice turn of three bolas.
- Score is counted for each player.
 - Scoring
 - Top rung of ladder-3 points
 - Middle rung of ladder-2 point
 - Bottom rung of ladder-1 point.
- Players ages 50-60 - ladders are 15ft from the foul line or throwing line.
- Players ages 61-70 - ladders are 13ft from the foul line or throwing line.
- Players ages 71-80 - ladders are 10ft from the foul line or throwing line.
- Players ages 81 and up - ladders are 8ft from the foul line or throwing line.

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