

GWINNETT SENIOR GOLDEN GAMES

DISCUS



RULES

- Athletes will compete in 5 (five) year age increments and gender.
- Athletes must register at registration table upon arriving at competition.
- Athletes will throw one (1) kg discus.
- Athletes must start from behind starting line and may not touch or cross the line for the throw to be valid.
- Athletes have the option of taking one (1) practice throw that will not count for scoring.
- After the practice throw, athletes are given three (3) official throws that will be measured for distance.
- Athletes will not receive another throw to replace an invalid attempt.
- The longest of the three (3) official throws will be recorded.
- Medals will be awarded at the end of the competition.
- In the event of a tie dual medals will be awarded.
- Decision of games manager is final.

Revised 2/14/2017