

Gwinnett Senior Golden Games

Ladder Ball



The object of the game is to toss underhanded the bolas while trying to wrap them around the steps of the ladder.

- Each player will have three scoring turns of three bolas each after one practice turn of three bolas.
- Score is counted for each player.
 - Scoring
 - Top rung of ladder-3 points
 - Middle rung of ladder-2 point
 - Bottom rung of ladder-1 point.
- Players ages 50-59 - ladders are 15ft from the foul line or throwing line.
- Players ages 60-69 - ladders are 13ft from the foul line or throwing line.
- Players ages 70-79 - ladders are 10ft from the foul line or throwing line.
- Players ages 80 and up - ladders are 8ft from the foul line or throwing line.

Setup notes:

- Place ladders in a line spaced about 4 feet apart. Four ladders have been used, but it depends on the number of scorers available.
- Place tape on floor at appropriate intervals (above) marked with ages.
- One player throws their complete practice and three scoring turns and their score sheet is submitted before the next player is called.

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